

Growing and Empowering Students to Stand Against Bullying

Bullying continues to be an area that affects all schools. At NIS we encourage all students to use their WITS and seek help if their sense of safety and emotional wellbeing is being affected.

TERMLY: How NIS addresses bullying in the playground and/or in the classroom	Each child is invited to fill in a bullying survey on which they can identify 3 students they see being bullied and 3 students they see as being a bully. This form is filled anonymously and the classroom teacher collates the data. (Students are not required identify 3 students if they do not see	
	This data sheet is then collated by the Deputy Principal and students who names are identified as being bullied or bully four times or more are put on a graph.	
	This data is discussed at a staff meeting and teachers within each House work together to put in place support and guidance for the students identified in their House	
	Students who are identified as being a bully	Students who are identified as being bullied
	The classroom teacher will work with students identified to help them develop better ways of dealing with people	The classroom teacher will work with students to help them develop some assertive strategies to deal with the bully
	A restorative conversation between both parties may be held if it is appropriate.	
	The top 3 bullies identified will have a meeting with the Principal and, in some cases whānau, to discuss what is going on and develop an action plan to support this child to develop better strategies of dealing with others	The top three bullied students are invited to a support group that meets once a week with an adult (usually the Deputy Principal) to share what is happening and work together to develop resilience strategies and assertive ways to deal with the bully.

Programmes and actions that support all students to be bully free.

	PB4L The Resilience Project Teaching and implementing the 4Rs Fortnightly whākatauki Playground Incentive Rewards Interval organised inter-class games Lunch Club Points for citizenship School Leaders Cyber Safety with the NZ Police Circle Time Restorative conversations Think Sheets Quiet spaces Digital Citizenship lessons Communication between school and whānau Check In Check Out	
	Bully Free Me - online support for whānau and children	Online bullying? Netsafe is here to help